



# Lesson plan

<b>Class</b>	Pharmacology		
<b>Education</b>	EQF 4		
<b>Subject</b>	Gluteus Injection technique		
<b>Duration</b>	135 minutes		
<b>Description</b>	This lesson plan focuses on the theoretical knowledge necessary for injecting a patient in the gluteus muscle, and applying the theory in practical skill training		
<b>Learning goals</b>	Knowledge of hygienic guidelines, knowledge of proper injection technique, skills training in injection technique in the gluteus muscle		
<b>Lesson</b>	<b>Learning goals</b>	<b>Learning activities</b>	<b>Learning resources</b>
<b>1. lesson</b>	Knowledge of hygienic guidelines, knowledge of proper injection technique	Presentation of hygienic guidelines and instructions on correct injection techniques on a mannequin (i.e a Power Point with speak or in a Teams meeting)	Hand disinfection, gloves, needles, syringe, disinfection pads, injection fluid, cotton, a mannequin
<b>2. lesson</b>	Skills training in injection technique in the gluteus muscle;	Skills training in injection technique in the gluteus muscle on a mannequin 3-4 students in a group	Hand disinfection, gloves, needles, syringe, disinfection pads, injection fluid, cotton, a mannequin
<b>3. lesson</b>	Skills training in injection technique in the gluteus muscle;	Skills training in injection technique in the gluteus muscle on a mannequin 3-4 students in a group	Hand disinfection, gloves, needles, syringe, disinfection pads, injection fluid, cotton, a mannequin