



Lesson plan

Class	Phychiatry		
Education	EQF 4		
Subject	Affective disorders		
Duration	135 minutes		
Desciption	This lesson plan focuses on the understanding of affective disorder by using a PowerPoint with speak, and working in groups afterwards in order to applying the theory working as a professional		
Learning goals	Knowledge of the symptoms of bipolar diagnosis (ICD-10 criteria) including knowledge and skills regarding suicide prevention		
Lesson	Learning goals	Learning activities	Learning resources
1. lesson	Knowledge of the symptoms of a depression Knowledge and skills regarding suicide prevention	Individually listen to the speak on each slide in the Power Point Take notes and write down questions Follow the tutorial and complete the e-learning program	Computer/tablet: Power Point with speak Tutorial to access e-learning on suicide prevention Phychiatry book
2. lesson	Knowledge of the symptoms of a manic disorder	Individually listen to the speak om each slide in the Power Point Take notes and write down questions	Computer/tablet: Power Point with speak Phychiatry book
3. lesson	Reflection	In groups of 3-4 students: <ul style="list-style-type: none"> - Review the ICD-10 criteria for bipolar disease - Reflect on how to identify, adress and prevent suicide - Cooperate and reflect on questions noted during the speak 	